

LARCS MEETING - REMINDER

APRIL 27TH



LARCS of Fresno, Inc.

Enhancing the lives of individuals with
developmental and intellectual disabilities in our community.

April 2016

President's Message

What an **amazing Spring Fling!!!** Everything was great!!! **LARCS - You did it again!** Congratulations. I hope you will be at the April General Meeting so you can hear, first-hand, all the great news!!

Thank you to those of you who have agreed to serve on the Board for next year. We've had a successful 2015-2016, but I'm looking forward to next year too. Your dedication to LARCS is much appreciated!

JARS - JARS - JARS!!!! Do you have any jam jars and/or canning jars at home? Did you finish your LARCS' salsa, red pepper relish, jams, and bread & butter pickles? Please bring them to the April General Meeting and we can use them again. This will save LARCS a lot of money.

Again, **THANK YOU for ALL you do.** We may not be a large group, but together we are definitely strong and doing excellent service to our community.

See you **Wednesday, April 27th**, at the **Loewen Achievement Center** for our April General Meeting.

General Meeting is Wednesday, April 27th
Loewen Center - 4490 E. Ashlan (Ashlan & 168)
5:30 PM Dinner/6:00 PM meeting.

Jan

Visit Our Website

Spring Fling 2016

A HUGE SUCCESS!!!

Where do I begin.....the food was great, the venue was perfect, the fashion show was fantastic, the silent auction and raffle were amazing!!!!!! Every facet of the event was wonderful.

I can't thank all the committee people enough for all their hard work and the final outcome of all their efforts. They are the true heroes of the event. And because of their commitment, dedication, expertise and time it all came off without a "hitch."

And the final financial (profit) results will be shared at the April General Meeting. So please plan to come and here all about it. But trust me we did good, far exceeded our goal of \$16,000.

Many of the guests that day left that event with a big smile and excitement in their step. Everyone had an absolutely fantastic time that day and already making plans to attend next year. Pictures from the event will be on the LARCS Facebook page by April 19

th so please plan to check them out.

Again, please thank my committee chairs when you see them. Specifically, Judy Kubale, Pam Linsner, Patricia Trafican, Alexis Savaros, Jan Zoller, Miriam Norquist, Pam Wirth, Debbie Trafican-Heinz, Kathy Angelos, Peggy Murphy and Sue Calvino. And can't forget to say thank you to ALL the remaining LARC ladies who were support to the committee chairs. It is truly a team effortJJ

With LARC LOVE,
Spring Fling Chairperson
Lori Ramirez

SPRING FLING 2016





SHARES CARD FROM SAVEMART IS CHANGING...

Please read and create your eScrip Account so we will continue
to receive donations from Savemart.

Your group is enrolled and active:

LARCS Of Fresno Inc

eScrip Group ID - 500825110

A promotional graphic for the Shares program. It features a white background with a red banner at the top. The text "Keep giving back while you shop with" is in a sans-serif font. Below it is the word "Shares" in a large, white, cursive font on a red rectangular background. Underneath "Shares" is the text "Powered by eScrip" in a smaller font. To the right, "Enroll today!" is written in a red, cursive font. A dark blue banner at the bottom contains the text "S.H.A.R.E.S. is now powered by eScrip!". Below this banner is a light blue box containing text about the program's mission and how to get started. At the bottom of the graphic are the Save Mart and Save Mart Supermarkets logos.

Keep giving back
while you shop with

Shares

Powered by eScrip

Enroll today!

S.H.A.R.E.S. is now powered by eScrip!

Each year, Save Mart Supermarkets donates over \$5 million and thousands of tons of food in support of the communities we serve. Through the Shares program, we donate a portion of our profits back to schools and non-profit 501(c)3 organizations in their neighborhood.

You can get started by visiting savemart.com/shares. During the registration process, you will be asked to select up to three benefit organizations. If you don't see your school or non-profit organization listed, please contact the organization and encourage them to set up an eScrip account to start receiving these charitable funds.

Use the same 10-digit phone number used for your Save Smart rewards program and earn points for both!

Your old S.H.A.R.E.S. cards will no longer work after March 31, 2016. Keep supporting the organizations you love every time you shop—enroll today! Visit savemart.com/shares to learn more or ask your cashier for details.

Offer not redeemable for purchases of alcohol, tobacco, all gift cards, money orders or wire transfers, lottery, event or transportation tickets, prescriptions or RX purchases, fluid dairy, stamps or any other item prohibited by law.

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LARCS will receive a donation from SaveMart EACH time a purchase is made at their store. LARCS receives this money on a quarterly basis which means FREE MONEY for the LARCS program.

Don't
Miss
Out!

LARCS MAY DINNER MEETING

Wednesday, May 25, 2016

SAN JOAQUIN COUNTRY CLUB

6:15 PM SOCIAL

7:00 PM DINNER

\$25.00 per person

No Host Bar Available

MENU

Garden Salad

Marsala Chicken

Rice Pilaf

In Season Green Vegetable

Fresh Fruit Garnish

"Special" Larcs Desserts

ALL Actives are assumed to attend. Please regret to

SHARON DUNN 559-269-1841

ALL Sustaining Members, please RSVP.

Regrets must be made no later than Friday, May 20, 2016



JARS, jArs, JaRs....

YES, we need jars in all sizes..

for our summer canning

Sizes needed:

4 oz, 8 oz, 1 pint, 1 quart

Make arrangements with Patty to drop off your jars.

Patty Fitchner (438-1808)



HELP WANTED - BISCOTTI BAKING

**Looking for anyone wanting to learn the
"in & outs" of Biscotti Baking and
be ready for the Biscotti Workshops...**

For more information...Please contact

Judy Kubale 289-0433

jzkubale@gmail.com



UPDATES --NEW ADDRESSES

Gayle Nix

1145 Tyler, Nipomo, CA 93444

Email & Cell Numbers remain the same

Sally Maly

1657 W. Ellery, Fresno 93711

Email & Cell Numbers remain the same

**Please let Peggy know if you have updates
that need to be made to the RED BOOK.**

Peggy Murphy

506 E. Chesapeake Circle, Fresno, CA 93730

Cell - 355-4522 / Home - 434-5428

mmmpmurphy@sbcglobal.net

MEMBERSHIP APPLICATION



HEART OF THE HORSE THERAPY RANCH

ANNUAL CONCERT FUNDRAISER

MAY 19TH AT 6:00 PM

PEOPLES CHURCH

\$20 per ticket

Featuring groups such as The Sons of The San Joaquin,
TheSonny Coelho Band and Billy Thornbury.

If you are interested in attending this concert, please visit

heartofthehorse.org

or call 559-297-7100

The HEART OF THE HORSE THERAPY RANCH is a therapeutic assisted riding program that is centered on horses and trained instructors providing equine assisted therapy for people of all ages with physical disabilities and U.S. Military Veterans. It is located in Clovis, CA and opened in 2011 by Guy and Carey Adams. The Heart Of The Horse Therapy Ranch partners with programs such as The Down Syndrome Association of Central CA, Break The Barriers, First 5 Fresno County, The Diamond Learning Center, Clovis Memorial District, Vietnam Veterans of America, Valley Children's Hospital Central CA, and many other organizations thriving to help people of all ages. The Heart of the Horse Therapy Ranch is a Non-Profit, 501(c)3 organization.

A little bit about us: Treated at no charge are multiple age groups with multiple disabilities. In our pediatric population the most prolific are individuals with Autism, Downs Syndrome and Cerebral Palsy, all presenting with sensory deficits and motor control problems addressed through therapeutic assisted riding. We also work with our nation's heroes with PTSD, TBI's and missing limbs.

SPECIAL OLYMPICS NEWS



April 27-Track and Field (Schools & College Based ATP's only) at Clovis North High School. They would like any interested Larcs to be there by 8:00 am to help with the registration/information table. Any Larcs who would like to help please

contact Miriam asap by texting her at 977-4110 or email at miriamnorquist@att.net.

April 30-SONC Regional Aquatics at Hoover High school. They would like any interested Larcs to be there by 8:30 am to help with set up and decorations. Please let Miriam know asap if any Larcs are interested in attending by texting her at 977-4110 or email at miriamnorquist@att.net.

May 21-SONC Regional Spring Games (Track & Field & Bocce) at Fresno Pacific University. No details at this time.

Please check the LARCS website for the complete SONC calendar.

**LARCS SUPPORTS
SPECIAL OLYMPICS NORTHERN CALIFORNIA
CENTRAL VALLEY REGION**



2015-2016 CALENDAR OF ACTIVITIES-4th Revision

DATE	EVENT	LOCATION	CONTACT	PHONE & EMAIL
April 27th	Track & Field (Schools & College Based ATP's only)	Clovis North High School	Oscar Hinojosa & Roman Gonzalez	355-6034 oscarh@sonc.org
April 30th	SONC REGIONAL Aquatics	Clovis High	Michele Carmichael	451-4057 Michele.carmichael@fresnounified.org
May 5 th (Adults & College ATP) May 6 th (High School, Middle	Bocce Invitational All Schools & Adults	Dante Club	Ana Nino	299-0548 annamnino@yahoo.com

School)				
May 12 th	Softball (High Schools & Middle Schools only)	Buchanan High	John Duran	304-4773 yccboss@gmail.com

Attention all Larcs and sustaining Larcs

The following Special Olympics Northern California events need your time and energy. Please check out the SONC calendar of events for specific information on dates, times, place and contact people.



JR LARCS NEWS

Clovis West's Jr.Larcs club has recently participated in events supporting and raising money for our special needs students. As usual our club members are taking part in social buddies day by day, helping students connect and engage in friendships with everyone across campus. Our Day On The

Green food booth was very successful with the money they made for special needs classes as well as getting more of the student body aware of what the Jr.Larcs club was all about. Recently, Clovis West's 2016-2017 Collaborative Mentoring classes has been filled with many current and future club members. They have already begun to elaborate on new activities to benefit our students with intellectual disabilities. We look forward to more fun and learning as we get further into the school year.

On March 2nd, **Bullard ROCK's Club** held a lunch time rally endorsing the Spread the Word to End the Word campaign. This national campaign helps to end the derogatory use of the word "retard" and "retarded" from daily speech. The Special Olympics Committee from Bullard's leadership class generously helped every lunch period from one week before the rally until the day of, selling shirts asking to Respect the "R" Word.

The annual Polar Plunge is also upcoming and is again planned to be held at the Bullard Pool on Saturday March 12th. Many students and community members are jumping into the treacherous heated pool in efforts to raise money for Special Olympic athletes. If you would like donate to a team or individual polar plunger please visit <http://www.polarplungenorcalnv.com/fresno/>.



**TWEET... TWEET...
and OTHER NEWS**

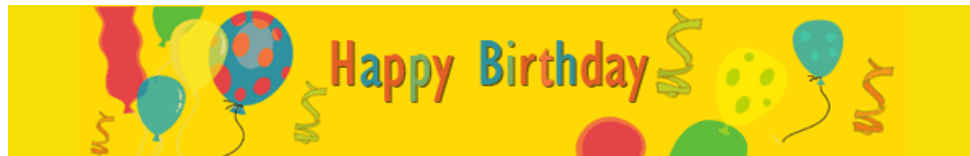
BIRDS OF A FEATHER NEWS:

Patricia Trafican - Continued prayers are needed for Patricia. Jeff and family during this difficult time. Please remember the family ask that we don't visit or call/text at this time.

If you have information about any LARC that needs our prayers or announcements that need to be made, please contact Jan Zoller by phone or email. Jan Zoller 246-3463 or email: janzoller@sbcglobal.net

COOKBOOKS:

Please contact Michelle Patch at 289-2244 for cookbooks. They make great birthday, wedding shower, house-warming, Thanksgiving and Christmas gifts. Current price: \$15.00



APRIL

Alexis Savaros 04/17

MAY

Gayle Nix 05/10

Miriam Norquist 05/20

2016 - 2017

EXECUTIVE BOARD

STANDING COMMITTEES

EXECUTIVE BOARD

PRESIDENT	JAN ZOLLER
PRESIDENT ELECT	PAM WIRTH
FIRST VP (LUNCHEON)	LORI RAMIREZ/ALEXIS SAVAROS/MARY HOWARD
SECOND VP (BUNDLES)	PATRICIA TRAFICAN / JAN ZOLLER
THIRD VP (SYSTEMS) (WEB)	PAM WIRTH LORI RAMIREZ
FOURTH VP (E-NEWSLETTER)	JUDY KUBALE LORI RAMIREZ
TREASURER	PAM WIRTH
RECORDING SECRETARY	SUE CALVINO
CORRESPONDING SECRETARY BIRDS OF A FEATHER	PATRICIA TRAFICAN

STANDING COMMITTEES

BUDGET AND FINANCE	PAM WIRTH
COOKBOOKS	PAM MIGHACCIO/DONNA JOE
EDUCATION & PROGRAMS	DEBBIE TRAFICAN-HEINZ

JR. LARCS, SPECIAL OLYMPICS	MIRIAM NORQUIST
MEMBERSHIP, ROSTER	CRYSTAL MCLAUGHLIN
NOMINATIONS	KATHY FARMER
PARLIAMENTARIAN	SALLY MALY
PUBLICITY, MARKETING	DEBBIE TRAFICAN-HEINZ
HISTORIAN	KATHY FARMER
SEVEN YEAR & SUSTAINING	SALLY MALY
SOCIAL & TELEPHONE	SHARON DUNN, PAM LINSNER, KRISTIE KEMP
SCHOLARSHIP	PAM LINSNER
COUNTRY STORE (WORKSHOPS)	SUE CALVINO, PATTY FITCHNER

NOMINATIONS COMMITTEE

1-5 YEAR MEMBER LEANNE HUBBELL

5-7 YEAR MEMBER PATRICIA TRAFICAN

7+ YEAR MEMBER JAN ZOLLER
MARY HOWARD

PRESIDENT ELECT PAM WIRTH



LIGHTS... ACTION... CAMERA ...

***Do you have any LARCS photos ?
If you do...***

please email them to the following members:

***Kathy Farmer - Historian
kathyfarmer3@yahoo.com***

Lori Ramirez - Website lori.ramirez@arcfresno.org
Judy Kubale - Newsletter jzkubale@gmail.com
Jan Zoller - President janzoller@sbcglobal.net



4490 E. Ashlan Ave. Fresno, CA 93726

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arcfresno.org

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Pinedale, CA 93650-4144

WORKING TOGETHER TO GRANT WISHES...

www.LarcFresno.org

STAY CONNECTED:

